



CLSA Update

Transforming Everyday Life

Into Extraordinary Ideas!

Welcome to CLSA Update, a periodic e-newsletter about the Canadian Longitudinal Study on Aging

Thank you for your interest in the CLSA, a national, 20-year study that aims to provide a better understanding of the aging process to improve quality of life for all Canadians. You are receiving this information as a result of registering on the CLSA website, or signing up to receive newsletters. This newsletter will be provided periodically to bring you highlights of the accomplishments of this study. You can unsubscribe at any time through the link at the bottom of this newsletter.



Recruitment completed!

The CLSA is thrilled to announce that it has completed recruitment and baseline data collection on 51,352 participants, surpassing our original goal of 50,000. A total of 21,241 people aged 45 to 85 have completed extensive telephone interviews over the past three years, and an additional 30,111 participants have completed in-home interviews and visits to one of the 11 data collection sites across Canada. The second wave of data collection is underway, with in-home interviews and visits to data collection sites. First follow-up interviews with those who took part in telephone interviews will begin in the fall. [Read more.](#)



Cognition data available from CLSA

Cognition data from the 21,241 CLSA participants who completed their baseline assessments through telephone interviews are now available to researchers. Visit our [DataPreview Portal](#) to learn more about the cognition data that have been collected and how to access them.



Government congratulates CLSA

The CLSA's milestone of reaching its ambitious recruitment goal was formally recognized by the Government of Canada during a gathering at McMaster Innovation Park at the end of June. Minister of Labour Kellie Leitch, and Hamilton area MP David Sweet paid tribute to the CLSA team on their progress to date, and to all Canadians participating in this important national effort on healthy aging! [Read more.](#)

CIHR continues investment in CLSA

The CLSA announced in the spring that it has received \$41.6 million to continue collecting information from more than 50,000 participants which can be used to improve understanding of how people age and ultimately promote healthy aging. The CLSA's funding for the next five years is from the Canadian Institutes of Health Research (CIHR). [Read more.](#)



CLSA Webinar Series

Dr. Susan Kirkland

An update to the research community on the CLSA: Where are we now and what's next for Canada's premier study on aging

1 - 2 p.m. ET | Sept. 23, 2015

The Canadian Longitudinal Study on Aging has achieved numerous milestones in the past year. Recruitment and baseline data collection for more than 50,000 participants has been completed. Versions 1.0 and 2.0 of the Tracking data are currently available for use by the research community. The Canadian Institutes of Health Research has awarded \$41.6 million in funding to continue the study for the next five years, and the first follow-up wave of data collection has begun. Join Dr. Susan Kirkland, CLSA co-principal investigator and professor in the Departments of Community Health & Epidemiology and Medicine at Dalhousie University in Halifax, for an update on the progress of the CLSA, including descriptive statistics of study participants at baseline, how the second wave of data collection is being rolled out, future availability of Comprehensive data and biopspecimens, and how CLSA data can be used to inform a wide range of research projects.

Register online at <http://bit.ly/clsawebinars>

Webinars will be broadcast using BlackBoard
Further instructions will be sent by email

www.clsa-elcv.ca

Fall webinar series

The CLSA webinar series featuring online lectures from new, mid-career, and established health researchers who are interested in aging will begin again in the fall. On September 23 at 1 p.m. ET, CLSA co-principal investigator Dr. Susan Kirkland will provide an update on the study and the data that are available. On Oct. 19 at 12 noon, Dr. Brent Richards, associate professor of medicine at McGill University, will present Genetics of Osteoporosis: An Ageing Related Disease. For more details on our webinar series, click [here](#).

Sharing knowledge about aging

Investigators affiliated with the CLSA are continually active in presentations, public forums, webinars and seminars sharing their knowledge about many aspects related to the process of aging. The study's [principal investigators](#) as well as the [local site principal investigators](#) are regularly invited to give presentations about the CLSA at conferences, meetings and forums, increasing the knowledge and awareness of how this study can provide a unique opportunity to examine the aging process and the factors that shape healthy aging. Information on some of the recent presentations is available [here](#).

