

Transforming Everyday Life
Into Extraordinary Ideas!























Season's Greetings

The Canadian Longitudinal Study on Aging team wishes you good health and happiness in 2016! See below for our latest announcements.

First Follow-up now underway

The CLSA team is pleased to announce that the second major wave of data collection is now underway. The first follow-up for the 21,241 participants who are taking part in extensive telephone interviews was launched in early December, while the first follow-up for the 30,111 participants who are taking part in in-home interviews and physical assessments has been ongoing since last summer. Read more.

Research projects using CLSA data

Interest among researchers in using data from the CLSA research platform for their individual projects continues to grow. A total of 17 groups of researchers have been approved to use CLSA data from the 21,241 tracking participants, and more approvals will be announced early in the new year. The research covers a broad range of topics such as air pollution, social isolation, caregiving, neurological conditions and coping with dementia. A summary of each approved project is available here.

Annual newsletter for participants

The annual newsletter that provides updates to all CLSA participants to keep them informed of the progress of the study is now available. The newsletter was distributed to all participants in October and November. If you are a participant and didn't receive a copy, or if you are not a participant but are interested in the news provided to them, you can access the newsletter here">here.

CLSA highlighted in reports, presentations

The work of the CLSA has been highlighted through various forums during the fall months.

- The study was featured in the <u>Research Matters blog</u> of the Council of Ontario Universities.
- The statistical Analysis Centre in Montreal was featured in the <u>annual report</u> of the Research Institute of the McGill University Health Centre.
- The CLSA was the focus of a presentation at Living Long . . . Living Well: A symposium on the Plasticity of Aging.
- The Canadian Journal on Aging published the article <u>Mining a Unique Canadian Resource:</u> <u>The Canadian Longitudinal Study on Aging</u>, in its September issue.

Information on other presentations about the CLSA can be found on the website.

New dates set for webinar series

The CLSA is gearing up for its next round of webinars starting in the new year, following on the heels of the four successful webinars on a variety of topics held during the first half of the current academic year. The first webinar of 2016 will take place on January 21 at 12 noon (EST), with presenter Dr. Diana Kuh, a professor of life course epidemiology at University College London in the U.K. Webinars are also scheduled for Feb. 23 and March 24. To see more details about upcoming webinars and listen to recordings from the past presentations, click here.

