

CLSA Webinar Series



Preventing chronic disease through lifestyle modification: longitudinal approaches

Katerina Maximova, PhD

Noon - 1:00 p.m. ET | November 1, 2016

Katerina Maximova received training in chronic disease epidemiology at McGill University and has been involved in primary prevention of chronic disease through research on improving key modifiable behaviours (physical activity, healthy eating, smoking, obesity). She has expertise in using longitudinal approaches to understand the development of behavioural and biological risk factors during childhood and adolescence for chronic disease outcomes. She holds a new investigator award in prevention research from the Canadian Cancer Society Research Institute for her research program that aims to support the implementation of effective programs and policies to promote healthy behaviour changes among Canadians. Since 2010, she has collaborated with the Noncommunicable Disease Division at the World Health Organization Regional Office for Europe to consult on country capacity for chronic disease prevention.

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