CLSA Update

**Transforming Everyday Life
Into Extraordinary Ideas!**

Access

CLSA Data Access Application Deadlines

Please note the following upcoming data access application deadlines:

- October 16, 2017
- January 29, 2018
- June 11, 2018
- September 24, 2018

When planning your submission, please include in your timeframe at least six months from the application submission deadline to the time you hope to receive your dataset. Approved applicants are required to sign a CLSA Access Agreement that outlines the specific uses of data and the CLSA's expectations with respect to privacy and confidentiality. Ethics approval from the applicant's institution is also required prior to data release. These two components may take more time than anticipated.

Please visit the CLSA website for tips and additional information on the data access process. Questions should be directed to access@clsa-elcv.ca.

Dr. Lauren Griffith

Dr. Elizabeth Badley

CLSA Webinar Series 2017/2018

On September 26th at 12 P.M. ET, the CLSA's associate scientific director Dr. Lauren Griffith will present The Canadian Longitudinal Study on Aging: A National Platform and Infrastructure for Researchers and Trainees. This presentation, jointly organized with the Canadian Institutes of Health Research (CIHR), will review the CLSA's platform design and data collection process, describe the available data, and explain the data access application process for researchers, graduate students and postdoctoral fellows. Register for this webinar here.

Topics for future webinars in this series include:

- Arthritis in Aging Canadians: Prevalence and Impact in the Population, presented by Dr. Elizabeth Badley and Dr. Anthony Perruccio;
- The Prevalence of Visual Impairment, its Risk Factors, and its Consequences in Canada, presented by Dr. Ellen Freeman;
- The Development of Normative Data and Comparison Standards for the Cognition Measures Employed in CLSA, presented by Dr. Holly Tuokko, and more.

The CLSA Webinar Series features online presentations from trainees, as well as new, mid-career, and established health researchers and aims to provide researchers and trainees with a forum to learn about the latest health and aging research. Researchers interested in presenting as part of the CLSA Webinar Series should contact Carol Bassim, scientific manager at the CLSA.

CAG2017
Evidence for Action in an Aging World

October 19-21, 2017
Winnipeg, Manitoba

http://CAG2017.ca | #CAG_2017

Canadian Association on Gerontology / Association canadienne de gérontologie

Upcoming CLSA Events & Presentations

- CLSA Corner at McMaster Mobility Event. On October 5th, 2017, the McMaster Institute for Research on Aging (MIRA) and The Walrus magazine will host an event titled, "The Walrus Talks Mobility" at the David Braley Health Sciences Centre in Hamilton, Ontario. From 6 to 7P.M., MIRA's Trainee Network (including representatives from the CLSA) will host a Mobility Fair to showcase their research on nutrition for older adults, mobility assessments and more.

- CLSA Participant Symposium at CAG2017. On October 21st, 2017, the CLSA will host a participant symposium titled "Living Longer, Living Better: Insights from the Canadian Longitudinal Study on Aging" at the Canadian Association of Gerontology's (CAG) Annual Scientific and Educational Meeting in Winnipeg, Manitoba. Presentations will focus on projects using CLSA data to explore cognition, sensory loss, frailty and healthy aging.

- Canadian Institute for Military and Veteran Health Research (CIMVHR) Forum. On September 25th and 26th, 2017, CLSA co-principal investigator Dr. Christina Wolfson will give two presentations at the 2017 CIMVHR Forum in Toronto, Ontario: *The Canadian Longitudinal Study on Aging Veterans' Health Initiative: A Platform for Research*, and *Post-Traumatic Stress Disorder in a Cohort of Self-Identified Veterans*.

Presentations Available: CLSA at the 2017 IAGG World Congress

In July 2017, the CLSA also hosted a 90-minute symposium at the IAGG 21st Annual World Congress of Gerontology and Geriatrics to showcase the CLSA research platform and findings. The following presentations are now available on the CLSA website:

- *The Canadian Longitudinal Study on Aging: A Platform for Research on Aging*, presented by Dr. Susan Kirkland
- *The Association between Sensory Loss and Social Networks, Social Participation, Social Support and Loneliness: A CLSA Tracking Cohort Study*, presented by Dr. Paul Mick
- *Understanding Inequalities and Inequities in Health and Wellness among Older Canadians*, presented by Dr. Yukiko Asada
- *Characteristics of Caregiver Burden in the Canadian Longitudinal Study on Aging*, presented by Dr. Yoko Ishigami-Doyle

Mme. Louise Lambert-Lagacé

Recording Available: Public Event on Nutrition and Aging at McGill University

On September 10th, 2017, the CLSA Data Collection Site at McGill University hosted a public presentation about nutrition and aging. Speaker Mme. Louise Lambert-Lagacé gave a presentation titled, "*Eating for longevity: eat better, live better, longer,*" exploring the connection between nutrition and health outcomes including energy levels, cognitive performance and healthy gut bacteria. A video of the presentation (in French) is now available on the CLSA YouTube page.

Approved Projects

Research Projects Using CLSA Data

To date, 99 projects using the CLSA research platform have been approved. Some of the latest approved projects include:

- A Person-Centred Index of Aging Well and its Determinants in North America. Dr. Emmanuelle Bélanger, Université de Montréal
- Cross-country Comparison of Equity in Successful Aging in Canada, France, and Japan. Dr. Yukiko Asada, Dalhousie University
- Examining the Relationship between Oral Health, Nutrition, and Frailty in Older Adults. Dr. Carol Bassim, McMaster University

- [The Gender Difference in Vascular Risk Factors, Early Cognitive Impairment and Progression to Dementia.](#) Dr. Guanmin Chen, University of Calgary
- [Buffering Negative Health Outcomes Following Driving Cessation Among Older Adults: Analysis of the Canadian Longitudinal Study on Aging (CLSA)](#). Dr. Michel Bédard, Lakehead University
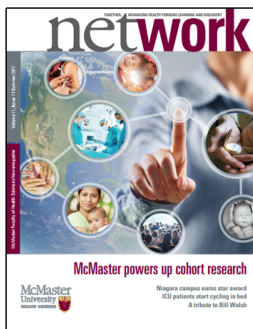
To view the complete list of approved project summaries, visit our [website](#).

CLSA Team News

Dr. Benoît Cossette

- Dr. Benoît Cossette was recently appointed assistant professor at the Faculty of Medicine and Health Sciences, University of Sherbrooke and will take over as the CLSA Sherbrooke lead site investigator starting January 2018.
- Claire Heffernan, an undergraduate student in Mathematics and Statistics at McGill University, completed a research assistantship at the Statistical Analysis Centre (SAC) in Montreal. Claire was working on the preparation of a merged CLSA dataset.
- Owen Brosseau, an undergraduate student in Actuarial Mathematics completed his work at the SAC this summer funded through a Canada Summer Jobs award. Owen assisted the CLSA data curator in the preparation and review of CLSA data.
- Norah Finn, a graduate student in Biostatistics at McGill University was the CLSA's first biostatistics intern at the SAC this summer. Norah's work related to the development and implementation of a CLSA public use dataset.
- Cynthia Chao, a coordinator at the CLSA's Victoria Data Collection Site and 4th year undergraduate student in Psychology at the University of Victoria, was awarded a Summer Student Award from the Canadian Frailty Network.
- Katherine Galley joined the CLSA National Coordinating Centre as Interim Manager of Communications, replacing Laura Lawson until she returns from leave in July 2018.

In the Media

The CLSA has been featured by various news media in the last few months.

- The McMaster University Faculty of Health Sciences [Network Newsmagazine](#) reported on the Canadian Institutes of Health Research's (CIHR) awarding of $417,500 for research projects analyzing data from the CLSA.
- The CLSA was featured in the July 2017 edition of the [CIHR Institute of Health Services and Policy Research Newsletter](#).
- The CLSA was also highlighted in Issue #250 of the [CIHR Funding News](#) newsletter.

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