

What's staying the same?

- **Most of the questions and physical assessments** have not changed. Keeping the same questions allows researchers to study how your health and well-being change over time.
- **The time it takes to complete an interview.** You can still expect approximately 90 minutes by telephone or 2 ½ hours if you visit a Data Collection Site. In-person participants will also have a 90-minute at-home interview.

What's new?

- **Research improves over time and there may be new and better ways to collect information**, and new areas of interest to researchers. **We like to stay current at the CLSA, so we introduce new content at each follow-up.**
- All participants will complete interviews with new questions on mental well-being.
- If you participate in-person, you will have new questions on resiliency, mental and physical well-being, as well as a new hearing test.

What's being removed?

- We're saying goodbye to some interview questions. In some instances, we've asked you the information once and it won't change (e.g. experiences in your childhood). In other instances, we've discovered that data do not need to be collected every three years, or that researchers are more interested in different information. Removing content also ensures that we respect your time while keeping the interviews as thorough as possible.