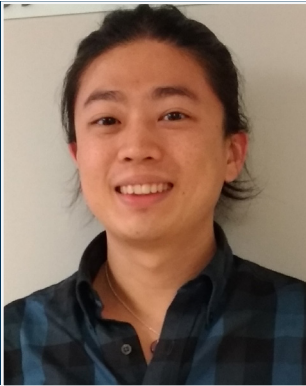


# CLSA Webinar Series



## Clinical Features of REM Sleep Behavior Disorder in the Population-Based CLSA Cohort: Can We Improve the Screening Tools?

Chun Yao, MSc, PhD Candidate at McGill University

**12 pm to 1 pm ET | December 12, 2018**

REM sleep behavior disorder (RBD), featured as acting out of dream, is the strongest known predictor for parkinsonism. It is estimated that idiopathic RBD patients have around 80-85% of phenoconversion rate to parkinsonism within five years, upon the first clinical visit. Since polysomnography sleep testing is expensive and time-consuming, several questionnaires were developed over the years to pre-screen for possible RBD patients in clinic. This webinar presents research that aims to improve the accuracy of RBD screening tools using the population-based cohort from the Canadian Longitudinal Study on Aging (CLSA).

Chun Yao is a PhD candidate in Neuroscience at McGill University. His work focuses primarily on studying the clinical features and disease progression in REM sleep behavior disorder under the supervision of Dr. Ronald B. Postuma. Chun completed his Master of Science in Chinese Medicine training in preventive medicine at China Medical University, Taiwan.

Webinars will be broadcast using WebEx.  
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