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Definitions of social isolation: A pilot study using CLSA data

Verena Menec, PhD Nancy Newall, PhD



Noon - 1 p.m. ET | November 22, 2016

Verena Menec is a professor in the Department of Community Health Sciences, College of Medicine, at the University of Manitoba. Her main research interests lie in the areas of healthy aging, determinants of healthy aging, age-friendly communities, and health care utilization among older adults, particularly at the end of life. She is currently the Manitoba lead of the Canadian Longitudinal Study on Aging (CLSA).

Nancy Newall is an assistant professor of psychology at Brandon University and a research affiliate with the Centre on Aging at the University of Manitoba. Her work has examined some of the causes of loneliness as well as the consequences of loneliness for older Manitobans in terms of health and longevity. Most recently, she has turned her attention to exploring what types of services or interventions might help people become less lonely or isolated and more socially connected.

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