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Project Title

Factors associated with increased chronic pain risk among Canadian Veterans: Insights from Life After Service Study and Canadian Longitudinal Study on Aging

Project Summary

Chronic pain, which lasts for more than three months, is a significant health concern affecting many Canadians, especially Veterans. Recent data reveals that while 1 in 5 Canadian adults experience chronic pain, the number is much higher among Canadian Veterans. In fact, from 2013 to 2019, the percentage of Veterans reporting chronic pain increased from 37% to 51%. This study aims to understand why this increase is happening specifically among Veterans when the general Canadian population's pain levels remained stable. By analyzing data from two major studies, the Life After Service Study and the Canadian Longitudinal Study on Aging, we will investigate various factors, such as age, gender, lifestyle habits, and military service details, to pinpoint the reasons behind the rise in chronic pain reports among Veterans. The findings will help design better support and interventions for Veterans suffering from chronic pain.

Keywords

chronic pain, Canadian Veterans, chronic pain factors