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Project Title

Social connectedness and resilience among marginalized older adults and caregivers: co-produced intersectoral knowledge implemented with community organizations

Project Summary

The COVID-19 pandemic created problems for groups that support older adults. Measures to control the virus kept older adults isolated for a long time, which increased their loneliness. This research aims to bring back social connections by working with community organizations that support older adults and focuses on understanding the factors that lead to older adults feeling left out of society, resilient, and taking part in social activities. It pays attention to the needs of people from diverse cultural backgrounds, physical disabilities, mental health problems, and caregivers, the time before, during, and after the pandemic. By learning more about what causes these issues, we can work together with community organizations that support older adults to come up with new ways and plans to help them feel more connected to others and be better able to handle life's challenges.

Keywords

social connectedness, resilience, aging, participatory, seniors' organizations