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**Project Title**

Healthy aging in rural Canada 2.0 – longitudinal analyses of the CLSA

**Project Summary**

The health of people living in rural areas is attracting increasing attention. Further research is needed into changes in health of people living in rural regions over time. We will look at the change in health of people living in rural regions compared to people living in urban regions across Canada and explore the factors that lead to poor health among rural Canadians. The issues we will consider are the risk of death, changes in depression and life satisfaction, changes in the ability to carry out day to day activities, and access to health services. To do this, we will use information from a study of about 20 000 Canadians who were between the ages of 45 and 85 at the time of the first survey and have been followed to the present time. This information will be important for delivering services to Canadians living in rural regions.

**Keywords**

rural, aging, epidemiology