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Project Title

Early life adversity and mental health in adulthood in the context of intersectionality: a longitudinal analysis of the Canadian Longitudinal Study on Aging

Project Summary

Depression is a significant concern among people aged 65 and older, affecting their quality of life and overall health. Our research focuses on the impact of adverse childhood experiences (ACEs) on late-life depression. ACEs are challenging events experienced during childhood, and they can have lasting effects on mental health. Despite knowing this, we don't fully understand how different combinations of these early adversities affect depression in late life. We are also exploring the complex relationship between ACEs and interactions of various sociodemographic factors in late-life depression. Social support plays a vital role in mitigating the negative effects of ACEs. We aim to identify specific types of social support that can protect different groups of people from the impact of these childhood experiences. Our study will take a thorough approach to examine these relationships and consider how they can inform public health policies.

Keywords

early life adversity, depression, social support, intersectionality