

Canadian Longitudinal Study on Aging

Information Page for Proxy Information Provider

What is the Canadian Longitudinal Study on Aging (CLSA)?

The CLSA is a Canada-wide study that looks at health and aging over a 20-year period. People who are between the ages of 45 to 85 are being invited to take part. We will collect a wide range of information about people's health as they age, such as physical, emotional and social health and functioning, as well as the onset of health conditions and diseases. The information collected as part of the CLSA will be used by many researchers over the next four to five decades.

What is a proxy information provider?

With a longitudinal study there may come a time when a participant is not able to answer study questions due to physical or cognitive health reasons. Because of this, participants over 70 years of age are asked to provide the name of a proxy information provider. They are also asked to express their wishes about how they would like to be involved in the CLSA if they become unable, for any reason, to take part on their own.

A proxy information provider is someone who is best able to answer questions about the participant on their behalf i.e., someone who knows them well or sees them often, such as a family member, friend or care-giver.

What is my role as the proxy information provider?

- As the proxy information provider, you will be asked to answer the study questions on the participant's behalf.
 - You will be asked to answer questions about the participant at a home interview.
 - If the participant is able to continue to visit the Data Collection Site, you will be asked to answer questions about the participant at that visit.
 - If the participant is no longer able to visit the DCS, you will be asked to answer questions about the participant over the phone.

How can I get more information about the CLSA?

- You can choose to be sent regular updates about the study progress through electronic or mailed newsletters.
- Information about the CLSA's ongoing research, the research team, and general study results will be posted on the CLSA website (www.clsa-elcv.ca).

How do I contact the CLSA?

Any time you have questions about the study you may write, call the CLSA toll-free number or send us an e-mail message:

**For Residents of British Columbia, Alberta, Manitoba, Ontario, Quebec
or Nova Scotia**

PLEASE CALL:

Toll-free: 1-866-999-8303

French and English

e-mail: info@clsa-elcv.ca

Mailing address:

McMaster University-CLSA

1280 Main Street West

Hamilton ON L8S 4K1

For Residents of Newfoundland or Labrador

PLEASE CALL:

English Toll-free: 1-888-908-4988

French Toll-free: 1-866-999-8303

(Dr. Gerry Mugford, Site Investigator, Memorial University)